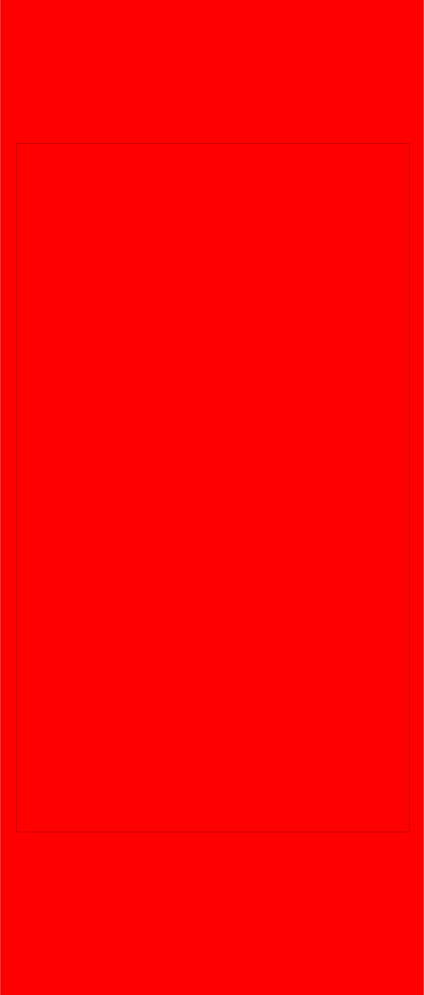


# Question Persuade Refer (QPR) Youth Suicide Prevention Webinar Dates



**1 in 5 teens has a serious mental illness**

**Suicide rates for youth in NJ have increased 40% since**

**2002**

**If you know what to do you are more likely to take action**

**Early Intervention is KEY in resilient outcomes**

For training/consultation requests please contact us at [ccrtr@ubhc.rugers.edu](mailto:ccrtr@ubhc.rugers.edu)

Presented by: Dr. Michelle Pigott

**QPR** is a 2-hour presentation that covers the three steps anyone can learn to help prevent suicide. Just like CPR, QPR is an emergency response to someone in crisis and can save lives. This educational program is designed to teach early career and non-mental professionals the warning signs of a suicide crisis and how to respond.

**PLEASE JOIN US AT ONE OF THE DATES BELOW!**

**[Wednesday, October 26](https://rutgers.zoom.us/meeting/register/tJItcuyupj0oEtKS_guoxH4PUw65NBnPH7iI)[th](https://rutgers.zoom.us/meeting/register/tJItcuyupj0oEtKS_guoxH4PUw65NBnPH7iI)[, 2022](https://rutgers.zoom.us/meeting/register/tJItcuyupj0oEtKS_guoxH4PUw65NBnPH7iI)**

**[10:00am- Noon](https://rutgers.zoom.us/meeting/register/tJItcuyupj0oEtKS_guoxH4PUw65NBnPH7iI)**

**[Wednesday, November 16](https://rutgers.zoom.us/meeting/register/tJUtceigqzovHN1wF4VegoIXQHV1xjUaMIJb)[th](https://rutgers.zoom.us/meeting/register/tJUtceigqzovHN1wF4VegoIXQHV1xjUaMIJb)[, 2022](https://rutgers.zoom.us/meeting/register/tJUtceigqzovHN1wF4VegoIXQHV1xjUaMIJb)**

**[1:00pm-3:00pm](https://rutgers.zoom.us/meeting/register/tJUtceigqzovHN1wF4VegoIXQHV1xjUaMIJb)**

**[Wednesday, December 7](https://rutgers.zoom.us/meeting/register/tJEodu-gqD4jHtFderMDYltSjMHcWBEleM_1)[th](https://rutgers.zoom.us/meeting/register/tJEodu-gqD4jHtFderMDYltSjMHcWBEleM_1)[, 2022](https://rutgers.zoom.us/meeting/register/tJEodu-gqD4jHtFderMDYltSjMHcWBEleM_1)**

**[10:00am- Noon](https://rutgers.zoom.us/meeting/register/tJEodu-gqD4jHtFderMDYltSjMHcWBEleM_1)**

**[Wednesday, January 18](https://rutgers.zoom.us/meeting/register/tJMqcOusqDIoE9PLcvIvZytjsINoh_6K2Ihg)[th](https://rutgers.zoom.us/meeting/register/tJMqcOusqDIoE9PLcvIvZytjsINoh_6K2Ihg)[, 2023](https://rutgers.zoom.us/meeting/register/tJMqcOusqDIoE9PLcvIvZytjsINoh_6K2Ihg)**

**[1:00pm-3:00pm](https://rutgers.zoom.us/meeting/register/tJMqcOusqDIoE9PLcvIvZytjsINoh_6K2Ihg)**

**[Wednesday, February 15](https://rutgers.zoom.us/meeting/register/tJEpdeGuqj4sHtGiWHFLWnaegGoY-iw_GjCc)[th](https://rutgers.zoom.us/meeting/register/tJEpdeGuqj4sHtGiWHFLWnaegGoY-iw_GjCc)[, 2023](https://rutgers.zoom.us/meeting/register/tJEpdeGuqj4sHtGiWHFLWnaegGoY-iw_GjCc)**

**[1:00pm-3:00pm](https://rutgers.zoom.us/meeting/register/tJEpdeGuqj4sHtGiWHFLWnaegGoY-iw_GjCc)**

**[Wednesday March 15th, 2023](https://rutgers.zoom.us/meeting/register/tJUlc-uvrTwtG9xxQcNN35IIcD8TzOTTn_AZ)**

**[1:00pm-3:00pm](https://rutgers.zoom.us/meeting/register/tJUlc-uvrTwtG9xxQcNN35IIcD8TzOTTn_AZ)**